



WELCOME TO COBBENCAMPUS!

All the information you need.



TABLE OF CONTENTS

Page 2 - General information CobbenCampus

First aid kit, shared vacuum cleaner and ironing board/iron, waste, shared car, door and key, walls and maintenance requests.

Page 3 - General information Tilburg

Drinking water, emergencies, medical care, dentists, grocery shopping, cheap stores, markets, restaurants and bars.

Page 5 - Culture in Tilburg

Movies, concerts and sports.

Page 6 - Getting a waste pass

Step-by-step English guide on how to get a waste pass.

Page 7 - Manuals

Wireless internet, TV-connection, heating, hood, CO²-sensor, washing machine, refrigerator and hob/cooking plate.

Page 10 - Contact

Contact details and improvements.

GENERAL INFORMATION

COBBENCAMPUS

First aid kit

The first aid kit is located in the common room, in the closet. In case of emergency, dial 112 (emergency number of The Netherlands) on your phone.

Shared vacuum cleaner and ironing board/iron

We offer vacuum cleaners and ironing boards/irons. You can find the vacuum cleaner in your own hallway. The ironing devices are located on the first floor, at the end of the orange hallway. Please return the devices after use.

Waste

You need to bring your waste to the containers (located outside, on the side of the road) yourself. You can open these containers with your waste pass. **More information about waste passes can be found on the 6th page.** Please don't forget to close the containers after use! The containers have a big and a small hole. If you don't have much waste, please use the small one. Also, don't place your waste in the hallway or next to the containers.

Shared car

CobbenCampus has two shared electric cars available. These BMW i3's can be reserved through the 'OnzeAuto' app. If you are interested in using a shared car, please send us an e-mail at rent@magisvastgoed.nl.

Door and key

Please always lock the door with your key, do not just close it behind you. If you have locked yourself out from your studio or apartment, please give us a call at [+31 \(0\) 88 178 00 00](tel:+312088178000) so we can let you in again as soon as possible. (Locking yourself out will cost you a certain fee depending on the time and day.)

Walls

Don't put or nail anything on the walls, use the pin-up board for this.

Maintenance requests

If something is broken in your apartment or the community rooms, please report it through our BLOXS-portal. You can find this portal in the navigation bar of www.cobbencampus.nl (click Log In, in the top-right of the screen). You will receive your personal credentials in your mailbox soon.

*Attention: **all** maintenance requests should be reported through this portal, to keep everything organized. Because of this, e-mails about maintenance requests will only be processed on the next Monday, before 5:00 PM. Requests that are reported through BLOXS will **always** get priority.*



GENERAL INFORMATION

TILBURG

Water

It's safe to drink water from the tap in the Netherlands.

Emergency

If an emergency occurs and you need the police, firefighters or immediate medical care, then please call **112**. There are several police stations in Tilburg. However, if you want to report a crime without emergency, call **0900 8844**.

Medical care

You can only go to the hospital for urgent matters or if you have a referral note from your General Practitioner. There are two general hospitals in Tilburg:

- St. Elisabeth Ziekenhuis EZT located at **Hilvarenbeekseweg 60**
- Tweesteden Ziekenhuis EZT located at **Dr. Deelenlaan 5**

If you need to see a doctor during the weekend, at night or during a national holiday, you can contact the 'huisartsenpost' by calling the following number: **0900 3322 222**. Make sure you call them before going there, otherwise they will reject you.

We recommend that you register at a general practice. Your doctor will keep a record of you and it will be easier to keep track of your prescriptions and medical history. Also, in case you get very ill, it is easier to go to your own GP since you will not have to wait very long there. This person will serve you as first contact person in case of illness and can prescribe medication or refer you to a specialist. There are multiple general practitioners in Tilburg, below are some of the options:

**Huisartsenpraktijken Conservatoriumlaan
(next to the University)
Conservatoriumlaan 60
5037 DT Tilburg**
M.H. Hekking:
+31 13 468 13 53
G.J.C.M. Wijffels & S.A.M. Wijffels:
+31 13 467 07 84
K.I. Mees:
+31 13 468 68 68
Website:
www.huisartsenconservatoriumlaan.nl

**Hilbink (GP) (by appointment only)
Korvelplein 10
5025 JN Tilburg**
+31 13 542 05 05

**Huisartsenpraktijk Binnenstad
(near central station)
Spoorlaan 336
5038 CD Tilburg**
+31 13 542 32 25

In case of emergency:
+31 13 542 32 25, option 1

Dentist

The Dutch word for dentist is 'tandarts'. Call a practice to ask whether they are accepting new patients. (Each practice has a maximum number of patients that they are allowed to see). Another option would be to contact your health insurance agency to request a list of practices that are accepting new patients. If you are in urgent need of a dentist, you can call an emergency dentist: **0900 999 09 09**. You have to call before you visit them.

Grocery shopping

Albert Heijn is one of the most well-known grocery stores in the Netherlands. There is one close to the university, next to the Academia building (Professor de Moorplein 124). Their weekly offers are only valid if you have a bonus card, which is available for free. Check out www.ah.nl to see the current discounts. Stores are usually opened from Monday to Saturday from 08:00AM to 08:00 PM. However, some stay open until 10:00 PM. To see actual opening hours, look up your desired grocery store on Google Maps. Shopping area 'Westermarkt' is close to the university. Here you can also find Turkish and Asian supermarkets.

Cheap stores

Aldi and Lidl are cheaper grocery stores. There's also an 'Action', a very cheap store that sells most day-to-day items. It's not a grocery store, so you won't find a lot of food here. But if you are in need of pans, day planners or lawn flamingos, bring the Action a visit!

Markets

Every week there are markets in Tilburg. Here you can buy a lot of things, like food and clothes! Often, the markets are much cheaper than regular stores.

Here's an overview of the weekly markets:

- Koningsplein: Friday 09:00 AM - 12:00 (noon) & Saturday 10:00 AM - 04:30 PM.
- Westermarkt: Thursday 09:00 AM - 12:00 (noon)
- Wagnerplein: Friday 11:00 AM - 05:00 PM
- Besterdplein: Wednesday 09:00 AM - 12:00 (noon)

Restaurants and bars

Most cafés and restaurants are situated at the Korte Heuvel or at Piusplein in the city centre. Here's a selection of our personal favourites:

- Café Philip: a pub, club and café in one!
- Café Bolle: a real student bar, known for 'dobbelen' (throwing dice), where if you win, you get free drinks!
- Café Kandinsky: here you will find over 200 different types of beer, you can try out a different one every day of your stay in Tilburg!
- Gin Fizz: a trendy cocktail/gin tonic bar with an amazing, chill vibe.
- Buitenbeentje: where you can get craft beer for a really cheap price.
- Happy Italy: a very cheap Italian family restaurant with really good portion sizes.

CULTURE IN TILBURG

Movies

If you want to watch a movie, there are many possibilities in Tilburg. In the city centre, you'll find Pathé Cinemas. A regular ticket costs approximately €8,50 (with your student card). A Sneak Preview movie on Monday evening costs €6,50. If you're really into movies it might be a good option for you to buy the Pathé Unlimited Pass. For €19,- a month, you can go see as many movies as you want! You can buy your card at the Service Desk, but don't forget to bring your ID and a bank card.

If you're more into art-house movies, make sure to check out Cinecitta's agenda at: <http://www.cinecitta.nl/>. They have special discounts on Mondays.

Concerts

Tilburg is known for one of the biggest concert halls in the Netherlands, called 013, make sure to check out their agenda at www.013.nl/info-013-en. For other venues, check the agenda on www.podiuminfo.nl or on the website of 3voor12: <http://3voor12.vpro.nl/lokaal/tilburg/concertagenda.html>. Besides 013 a lot of bands play at the Hall of Fame or cafe Extase. Check their websites for their agenda!

Sports

You can always use the gym at CobbenCampus for free, but if you want to have more options you can go to Tilburg University Sports Centre. The Tilburg University Sports Centre offers many facilities, you can practice almost any sport you can possibly think of, from rugby to squash, from yoga to zumba. You can reserve a spot in a sport's class or the sauna, or a tennis or squash court on their website.

The Sports Centre's outdoor facilities include a semi-water-based hockey pitch, six tennis courts, a beach volleyball pitch and a multi-purpose pitch for hockey, tennis, basketball etc. If you're a member, you can also make use of the city's ice skating rink, and of the three different pools in Tilburg.

The Sports Centre has very generous opening times, especially compared to most commercial sports centres and gyms. You can work out at any time from early morning to late evening, or you can drop in to enjoy a drink in the Sports Café. Most weekdays the Sport Centre is open from 8 until midnight, during the weekends mostly from 12 until 17, but this changes per weekend. For up-to-date information about opening hours, check the University website: <https://www.tilburguniversity.edu/campus/sports-center/>

The price of this pass (from 1 September):

- €131,- for a year
- €97,- for 6 months
- €22,50 for a month
- €7,- for a day

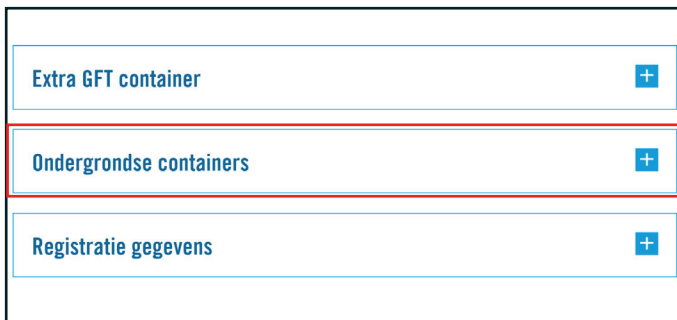
Students who study at Fontys or Avans can also buy a Sports Centre card!



GETTING A WASTE PASS

All residents of CobbenCampus are **required** to own a waste pass. If the previous resident of your apartment didn't leave his/her waste pass, you need to request a new one at the township. This is completely **free**! Because the website of the township is in Dutch, an English, step-by-step guide for requesting a waste pass is shown below.

1. Go to the following website: www.bit.ly/waste-pass and scroll all the way down until you see 'Ondergrondse containers', as seen with the red line around it in the left picture below. Click on the + sign next to it, and click on 'vraag deze dan online aan'.
2. Click on the middle black box, as seen with the red line around it in the right picture below. ('Pas ondergrondse container zonder DigiD')



3. Fill in the form

Voorletter(s) = Initials (The first letters of your first names, **not** your full first name.)

Tussenvoegsel(s) = Insertion (The extra word between your first and last name, if you don't have one, leave it blank.)

Achternaam = Last name (You probably know this one.)

Burgerservicenummer = Burger Service Number (If you're in the Netherlands for 4 months or longer, you get one from the Dutch government.)

Telefoonnummer = Phone number

E-mailadres = Email address (They will contact you through email, so don't make type errors here!)

Straat = Street (Pick 'Professor Cobbenhagenlaan' from the list here.)

Huisnummer zonder toevoeging = House number without addition (If your room number starts with a 7, fill in 7. If it starts with a 9, fill in 9.)

Huisnummertoevoeging = House number addition (Fill in the numbers that come after the first number of your apartment. For example, if your apartment number is 9.22, fill in 22 here.)

4. Click on 'TOON ADRES' (view address), and scroll down to check if your address is right. If it is right, click on 'VERDER'.
5. On the next page, check if all of the information is right. At the bottom of the form, you will see a checkbox. By checking this, you confirm to have filled in the form truthfully. After checking this box, an orange button with 'VERDER' will appear, click this, and your waste pass will be on its way!
6. Check your mailbox if you have received a confirmation mail. If you haven't, please contact the township through phone: [14 013](tel:14013).

After completing these steps, you will see the following page. By clicking the purple 'Download ...' link, you will download a PDF-file containing your request.

Your waste pass will arrive on your address within 5 working days!

Pas ondergrondse container

Bevestiging

Uw aanvraag met zaaknummer 1254706 is verzonden.

Om de gegevens van uw aanvraag in te zien, kunt u het (pdf) bestand downloaden. U kunt dit opslaan of printen voor uw eigen administratie. Nadat u dit scherm heeft afgesloten, kunt u deze gegevens alleen nog inzien via Mijn gemeente. Inloggen met DigiD is daarbij verplicht.

[Download uw aanvraag pas ondergrondse container \(pdf\) >](#)

[Nog iets online regelen?](#)

[Ga naar www.tilburg.nl >](http://www.tilburg.nl)

[Privacystatement](#) | [Cookies](#) | [Toegankelijkheid](#) | [Proclaimer](#)

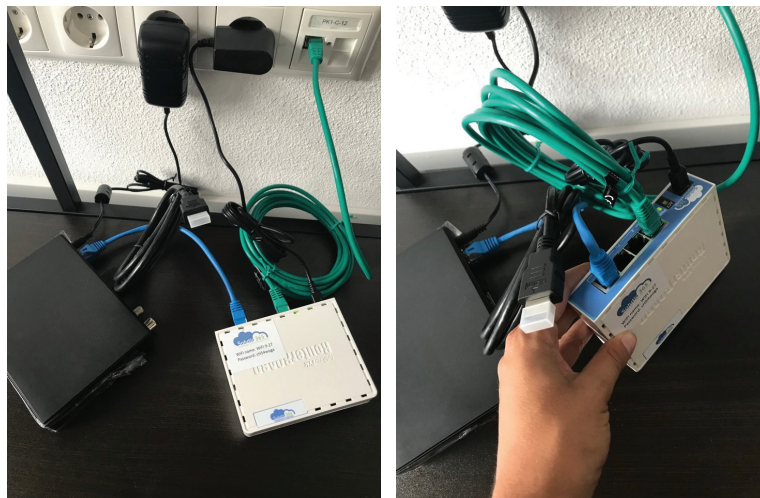


MANUALS

Most of the manuals can be found in your kitchen cabinet, but some can only be found in this document. Don't throw this away!

Wireless internet

You can find your Wi-Fi password on the personal router in your apartment. The router is located on the black rack cabinet.



TV-connection

Every room has TV-connection. You have to connect the TV kit with the router. You can see how to do this on the pictures below. You can find the TV kit in the electricity cabinet.

Heating

The heating has 5 levels. Rotating the button will change the level, 5 is the warmest one. The average temperature of a home in the Netherlands is around 20°C. If it's not necessary, please turn the heating of.

Kettle

In your kitchen you can find the kettle. Plug it in the plug connection, put water in it and press the button on top of the kettle. That's all!

Hood

The cooking hood will turn on when you pull it. After pulling it, you will see two buttons. The left one the button that turns on the lighting and the right one turns the hood on and off.

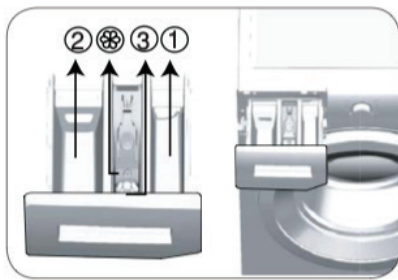
CO² sensor

1. If you press the button with the circle on it once, you will see that light pops up at the first level, automatic (A).
2. If you press one more time, you will move to the second level, and so on. The fourth level is the highest level of ventilation.
3. If you select the second, third, or fourth level, it will automatically turn back to the automatic level when the CO² content is normal again.
4. The fifth level is an hourglass, this is the timer. You can choose to put the sensor for 10, 20 or 30 minutes on the highest level.



Washing machine

1. Place the laundry in the washing machine.
2. Add detergent and fabric softener.



The detergent drawer is composed of three compartments:
 - (1) for prewash
 - (2) for main wash
 - (3) for softener
 - (⊗) in addition, there is a siphon piece in the softener compartment.

3. Depending on the type of fabric, choose a programme.

EN						
Program	Max. Load (kg)	Programme Duration (~ min)	Water Consumption (l)	Energy Consumption (kWh)	Max. Speed***	
Cotton 90°	90	6	180	87	2.2	1600
Cotton 40°	40	6	180	85	0.95	1600
Cotton 20°	20	6	180	85	0.53	1600
Cotton 60° with Prewash	60	6	200	95	1.8	1600
Cotton Eco 60°	60**	6	240	43.6	0.780	1600
Cotton Eco 60°	60**	3	178	37.3	0.580	1600
Cotton Eco 40°	40**	3	178	37.3	0.600	1600
Synthetics 40°	40	2.5	120	65	0.75	1200
Synthetics 20°	20	2.5	120	65	0.25	1200
Mini 30°	30	6	28	60	0.15	1400
Wool/Hand Wash 40°	40	1.5	65	47	0.45	1200
DownWear 40°	40	1.5	105	85	0.8	1000
Shirts 40°	40	2.5	80	42	0.6	800
Drum Clean	90	-	160	67	2.1	600

Refrigerator

You can find a button in the refrigerator with different numbers. With this button, you can change the temperature of the refrigerator. How higher the number, how colder it will be.

Cold storage is for short-term food

Storage or for daily consumption.

Although the temperature in most parts of the cold storage compartment can be regulated between 0 and 10 degrees Centigrade, extended periods of food storage is not recommended. Cold storage should only be used for short-term storage.



Cautions for cold storage

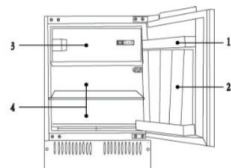
* Hot food must be cooled to room temperature before storing in the refrigerator

* Dry any water droplets on the food before placing it in the refrigerator.



Cold storage compartment

1. Eggs and butter
2. Beverages and bottled food
3. Food to be frozen
4. Cookies, cooked food and milk



* It is recommended that food be sealed in suitable storage bags before being placed in the refrigerator; this will prevent moisture in the food from evaporating and prevent vegetables and fruit from withering or altering in flavor.



Hob/cooking plate

5 How to use the hob

General information about cooking



Never fill the pan with oil more than one third of it. Do not leave the hob unattended when heating oil. Overheated oils bring risk of fire. **Never attempt to extinguish a possible fire with water!** When oil catches fire, cover it with a fire blanket or damp cloth. Turn off the hob if it is safe to do so and call the fire department.

- Before frying foods, always dry them well and gently place into the hot oil. Ensure complete thawing of frozen foods before frying.
- Do not cover the vessel you use when heating oil.
- Place the pans and saucepans in a manner so that their handles are not over the hob to prevent heating of the handles. Do not place unbalanced and easily tilting vessels on the hob.
- Do not place empty vessels and saucepans on cooking zones that are switched on. They might get damaged.
- Operating a cooking zone without a vessel or saucepan on it will cause damage to the product. Turn off the cooking zones after the cooking is complete.
- As the surface of the product can be hot, do not put plastic and aluminum vessels on it. Clean any melted such materials on the surface immediately. Such vessels should not be used to keep foods either.
- Use flat bottomed saucepans or vessels only.
- Put appropriate amount of food in saucepans and pans. Thus, you will not have to make any unnecessary cleaning by preventing the dishes from overflowing. Do not put covers of saucepans or pans on cooking zones. Place the saucepans in a manner so that they are centered on the cooking zone. When you want to move the saucepan onto another cooking zone, lift and place it onto

the cooking zone you want instead of sliding it.

Tips about glass ceramic hobs

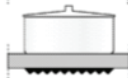
- Glass ceramic surface is heatproof and is not affected by big temperature differences.
- Do not use the glass ceramic surface as a place of storage or as a cutting board.
- Use only the saucepans and pans with machined bottoms. Sharp edges create scratches on the surface.
- Do not use aluminum vessels and saucepans. Aluminum damages the glass ceramic surface.



Spills may damage the glass ceramic surface and cause fire.



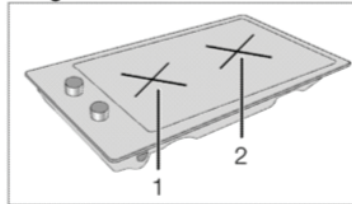
Do not use vessels with concave or convex bottoms.



Use only the saucepans and pans with flat bottoms. They ensure easier heat transfer. If the diameter of the saucepan is too small, energy will be wasted.



Using the hobs



- 1 Single-circuit cooking plate 14-16 cm
- 2 Single-circuit cooking plate 18-20 cm is list of advised diameter of pots to be used on related burners.



DANGER:

Do not allow any object to drop on the hob. Even small objects such as a saltshaker may damage the hob. Do not use cracked hobs. Water may leak through these cracks and cause short circuit. In case of any kind of damage on the surface (eg., visible cracks), switch off the product immediately to minimize the risk of electric shock.

Glass ceramic hob is equipped with an operation light and a hot zone warning indicator. Hot zone warning indicator indicates the status of the active zone and it remains lit after the plate is turned off. When the temperature of the plate cools down to a level that it can be touched by hand, warning indicator turns off. Flickering of the hot zone warning indicator is not a failure.

Turning on the ceramic plates

The hob control knobs are used for operating the plates. To obtain the desired cooking power, turn the hob control knobs to the corresponding level.

Cooking level	1	2 — 3	4 — 6
	warming	stewing, simmering	cooking, roasting, boiling

Turning off the ceramic plates

Turn the plate knob to OFF (upper) position.

CONTACT

If you have any questions during your stay at CobbenCampus, you can take a look at our website (www.cobbencampus.nl), send us an e-mail or give us a call!



Sebastiaan Jonkers
Asset Manager
service@magisvastgoed.nl

Jessie Meulendijk
Commercial Manager
rent@magisvastgoed.nl

[+31 \(0\) 88 178 00 00](tel:+312088178000)

SHARE YOUR OPINION!

Our team is always busy with making CobbenCampus a better place than it already is, by improving things that our residents point out.

If you ever have any comments or ideas about CobbenCampus, please mail them to us! (service@magisvastgoed.nl).

Leaving a review on our Google-page will also be highly appreciated. Share your story with us and future residents, we're very interested in it!



www.cobbencampus.nl - service@magisvastgoed.nl - +31 (0) 88 178 00 00